

# News from the Field



Volume 3, Issue 12– Dec 2014

## Fairfield Hospital

### Message From The GM



Inside this issue:

I hope everyone had just the best and safest Christmas and New Year and once again a huge thank you for all those dedicated staff that worked through the holiday period – I do understand how hard it can be to be away from loved ones and having to work whilst we all celebrate the festive times and on behalf of our patients I thank you.

Well, another year down (where do they go!!) and what a year it was – Fairfield once again showed why we are ‘the best in the west’ by treating and caring for an incredible number of patients in quickest times possible.

It never ceases to amaze me how all of our disciplines of staff respond when we are under pressure.

As an example, during the Christmas week, we had some 768 patients come through our ED doors and then followed up in the New Year week with 782 and still managed to keep our National Emergency Access Target (NEAT) above the 81% required by NSW Health – just wonderful given the limited resources at this time of the year

Our Community Participation Network continues to grow and show that the reason we are as successful as we are is because of the strength and relationships with our communities. The continuing program to visit schools within our LGA and indeed bonds

with community groups such as Lions and commercial companies such as Bunnings demonstrate our total integration with the community we so proudly serve.

Speaking of Bunnings Villawood – what an amazing staff they have – on many occasions throughout the year they have provided flowers for our patients, brought Santa down from the north Pole to visit our patients (and staff) just before Christmas and have now committed to doing up our Staff and Relatives BBQ area with landscaping improvements –thank you

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### Christmas cards by Fairfield High School Students

For the second consecutive year, students from Fairfield High School have personally made Christmas Cards for Fairfield Hospital Patients.

Karen Tyler, Fairfield High School career advisor and SRC coordinator organised to visit the Hospital with a couple of the students on Tuesday 16 December 2014.

The students distributed the Christmas cards together with the General Manager – Arnold Tammekand throughout all the wards.

A very kind act by our local students towards our patients.

Fairfield Hospital prides itself with having a rapport with all the local schools of Fairfield. Students are encouraged to participate in our Open Days, Hospital tours and work experience opportunities. Senior students can also complete a Cert III in Health Service Assistance if they are interested in perusing a career within Health.

In 2015, the General Manager together with the Community Participation Manager and the NSW Ambulance service

will continue to visit all local schools and provide useful information about the Hospital and the Services and Programs available to the community.



## My HealthPal App

Download free MYHealthPal app

South Western Sydney Medicare Local is making it easier to find a local General Practitioner (GP) practice, after hours GP clinic or pharmacy with the launch of a free MYHealthPal app.

The app, available for both iOS and Android devices, allows residents to search for a GP based on their current location or by searching the map for another location within South Western Sydney.

The app includes details of every local practice including the address and contact details and a call function for residents using their phone to search.

The app also provides information on the after hours clinics based out of Southern Highlands Private, Liverpool and Campbelltown hospitals including operating hours and contacts.

Finding a pharmacy is now also easier with the MyHealthPal app built-in pharmacy finder.

MyHealthPal is available for iOS (Apple) and Android devices. Check your respective app store and download the free app today!

The  MyHealthPal app can help you!



Proudly brought to you by the South Western Sydney Medical Local, MYHealthPal helps you find and contact local health services when you need them.

## Pulmonary Rehab Group

The best kind of compliment is when someone bakes for you because of the time and effort that is put in.

Roslyn Stewart is a member of the Pulmonary Rehabilitation group who almost every week generously bakes for the group.

In the photo below she has made a giant lemon meringue pie to share with the other participants.



For information on the Pulmonary Rehabilitation Program, contact the Physiotherapy department at Fairfield Hospital on: 9616 8324

## Community Participation

The Fairfield Consumer and Community Participation network enjoyed a final get together for 2014 with other South Western Sydney Local Health District networks over a Christmas lunch at the Campbelltown Catholic Club on Thursday 11 December. It was a great opportunity to farewell the year with other consumer representatives and applaud the 2014 Harry Collins Award that went to Trish Parker from the Bankstown Network.

The Fairfield Network members each received a plant as our token of appreciation for their efforts during 2014, thanks to our friends at Bunnings Villawood. Bring on 2015!





# Bunnings Santa Visit



A BIG shout and Thank you to our mates at Bunnings Villawood who visited Fairfield Hospital with Santa on Thursday 18 December 2014 to spread Christmas cheer throughout our wards.

looks forward to our ongoing partnership with Bunnings in 2015.

Santa gave out teddy bears to all our children in our Paedtraics Ward on the day. The smiles it bought to the young faces was priceless and heart warming.



Santa and his helpers visited all the Wards and took the opportunity to chat with our patients, take photos and distribute candy sticks as a small token of the happy season.

Even our elder patients loved and appreciated the visit from Santa, some even requested special wishes and presents from him.



Bunnings Villawood also donated small pot plants during December which were gifted to patients, volunteers and our Consumer and Community Participation Network.

Fairfield Hospital appreciated and



# Christmas Lunch & Ward Decorations

As a small token of appreciation for the dedication and hard work, staff were treated to a staff lunch on Thursday 18 December 2014.

Our Volunteers also were treated to a special lunch as a thank you for all their devotion and continuous support through out 2014 on Friday 5 December in the Whitlam Joint Replacement Centre

Staff also took the time to decorate their Wards and bring the Christmas mood to the patients.

**A great team effort by all to make our Hospital the Best in the West!**



## Staff Appointments

### Infection Control Clinical Nurse Consultant

Ms Yi Wen Pan has been appointed as infection Control Clinical Nurse Consultant. Ms Pan will be commencing on the 21 January 2015, and she comes to Fairfield Hospital with a wealth of experience and knowledge in Infection Control.

A special thanks to Jeeba Sajith for the fine job she did acting in the role of Infection Control CNC and to Liliana Larkin and Winona Ranyard for the support they provided during the last few months.

### Private Patient Officer

Welcome to our newly appointed Private Patient Officers (PPO) Marie Uy and Lynda Van Blanken. The PPO role is critical to ensuring that patients are provided accurate and timely financial information regarding their Hospital presentation.

Both Marie and Lynda bring a wealth of knowledge and experience to the positions.

### Acting Maternity Unit Manager Birthing Unit

Ms Amanda Vujanovic has been seconded into the Acting Birthing Unit Maternity Manager's position for Maternity Leave Relief.

Amanda comes to Fairfield from Bankstown Hospital where she was a Maternity Unit Manager. Amanda will be part of our maternity team until October 2015.

**Annual Public Meeting** was held on Thursday 11 December 2014 at the Campbelltown Arts Centre.

It was an opportunity to meet the SWSLHD Board, hear about achievements and future plans for development. A copy of the South Western Sydney Local health District year in Review 2014 can be downloaded from: <http://www.swslhd.nsw.gov.au>



It was with great sadness that we have farewelled Lyn Cohen as she retired from nursing and Fairfield Hospital. Lyn had a long career in nursing and came to Fairfield Emergency Department in 1996 as a registered nurse from Liverpool Hospital. Lyn has worked in various roles here including periods of being Nursing Unit Manager in the Emergency Department and Ward 1A. In 2004 she became the Nursing Unit Manager of the Fairfield Health Service Ambulatory Care Unit and under Lyn's management the Unit developed a reputation for excellence in outpatient services. Over the years Lyn has been involved in many projects notably the redevelopment of the Day Only Ward and establishment of the Hand Service. She was also an active member of the NSW Nurses and Midwives Association and holding senior positions within the local branch, she was often the voice of reason in negotiations with Management. The sound of her laughter will be missed. We wish Lyn safe travels as she and Greg embark on their travels around Australia and the World!



*Lyn Cohen! Fairfield Hospital thanks you and wishes you a long, happy and healthy retirement .*

### **2015 1st baby for Fairfield Hospital**

Congratulation to proud parents Sokchanny Lim and Chan Narith Keuk on the arrival of their baby boy Chanritha Keuk at 1.07am on new years day and weighing 3505grams.



Living at Cabramatta with two daughters, the couple were very excited taking home their baby boy who had arrived a week early.

Family and friends from Australia and Combodia have being sending them well wishes and good luck for the new year and baby.

